

THE LONG THOUGHT ON WORKING AT BECOMING A CAUSAL SELF

1. DISSATISFACTION WITH ONESELF IS NECESSARY

Everyone must start from dissatisfaction with his own situation in terms of consciousness. This does not mean dissatisfaction with physical conditions or with anything pertaining to the matter aspect or the lower expressions of the consciousness aspect, such as lack of money, lack of other people's esteem, lack of power. It must be dissatisfaction with the lack of quality, qualitative force, of one's own consciousness, lack of qualitative output in one's own life. As long as I seek faults in other people or in outer conditions, no consciousness development is possible. And as long as I am content with human conditions, my mere human capacity, no development in the direction of causal consciousness is possible.

2. IMPERFECTIONS POINT TO THE IDEAL

My understanding that imperfection is in myself lays the basis of a longing for a different state, a state of perfection. The objective aim of my longing is the real existence of a state of perfection. The world of ideals must exist; if it did not, my longing for it would not exist.

3. IMAGINATION WILL LEAD ME NOWHERE

Mere emotional quest does not lead me on the right path. Wishful thinking, fantasy, mere imagination, is refuted by knowledge and understanding of the conditions and stages of consciousness development. This knowledge and understanding include self-knowledge based on common sense and honest self-observation. WofM 8.9.8, 8.9.19, 8.3.8

4. VERY LONG AND VERY HARD WORK IS REQUIRED

It is required to understand that the work involved is very long and very hard. Why is it very long and very hard? Because if it were short and easy, we should all have achieved long ago. "The adept is the rare efflorescence of a generation of inquirers."

5. I HAVE WORKED IN THE PAST

However, since the interest in esoteric knowledge, esoteric study, and work exists in me and has reached a certain degree of intensity, it means that my seeking already started in a previous life. I have worked in the past as well.

6. THE WORK WILL CONTINUE IN THE FUTURE

Just as I continue in this life what I began in a past life, so I shall continue in a future life what I begin in this life. Provided I do not give up or let myself be led astray, I shall finally reach the goal.

7. I MUST RECEIVE HELP

My work at my own consciousness, at my own transformation, is so great and so difficult that I cannot achieve it all on my own and relying only on my own resources. I must receive the help of those who have gone before me and who know all the difficulties of the path from their own experience. Therefore, I must humbly seek discipleship, and when later it is offered to me, I must gratefully receive it and then vindicate my status of disciple in a worthy manner by right action. WofM 1.36.8, 3.42.2, 9.72.2; KofL1 4.2.15, 4.2.22; KofL3 18.9.8

8. I SHALL STRIVE TO BECOME A DISCIPLE

Nobody can become a causal self except as a disciple of the planetary hierarchy. Therefore, striving to become worthy of discipleship by right knowledge, right insight, right attitude, and right action, is a way to develop causal consciousness. WofM 10.2.11, 10.4.7

9. "AS IF"

All the qualities and abilities of the causal self can be made the object of "as if" exercises, although not all of them to the same extent or depth; some more, some less. However, all those qualities and abilities can be made the object of understanding, knowledge, meditation.

10. KNOWLEDGE AND UNDERSTANDING

Knowledge and understanding are always the first steps to higher consciousness. Knowledge and understanding are the first elements of light technology as well.

11. ESSENTIAL QUALITIES

The causal self develops the twelve essential qualities to perfection. Meditation on qualities is a way to develop them, provided that meditation leads to a better understanding of those qualities, a better realization and demonstration of them in physical life and reality. Therefore, meditation on the twelve essential qualities is a way to develop causal consciousness. When the essential qualities grow in strength, the centre of the causal envelope shines more and more brightly and also conveys some of its light to the centres of the lower envelopes. This is the purpose and meaning of light technology. WofM 10.7.1; CI 12.8

12. LIGHT TECHNOLOGY

Every aspirant can increase his understanding of, and his ability to apply, light technology.

13. UNITY CONSCIOUSNESS

Every aspirant can increase his unity consciousness. WofM 11.9.5

14. LOVING UNDERSTANDING

The causal self has loving understanding of all. Therefore, loving understanding is a way to develop causal consciousness. WofM 10.5.4

15. FREEDOM FROM ILLUSIONS

The causal self is free of illusions. Therefore, abandoning illusions, seeing through them, by taking the laws of life and the twelve essential qualities as one's standard, is a way to develop causal consciousness.

16. FREEDOM FROM FICTIONS

The causal self is free of fictions. Therefore, dispelling fictions through right knowledge, hylozoic knowledge, and right understanding, and refraining from speculation is a way to develop causal consciousness. WofM 10.4.14,15; 10.6.13

17. INSIGHT: EVIL IS IGNORANCE

The causal self has reached the insight that evil is ignorance of life, and the most serious ignorance of life is ignorance of the laws of life, and next to it, ignorance of consciousness evolution and its result: the superhuman and divine kingdoms and beings; and third comes ignorance of the three aspects of reality. Therefore, reaching these insights, deepening them, striving always to have them before my eyes, is a way to develop causal consciousness.

18. INSIGHT: EVIL IS FEAR AND COWARDICE

The centre of the causal envelope is the abode of immortality. When the monad is in this centre, it has a taste of immortality. This conquers fear of death, and when fear of death is gone, all other fear and cowardice must go as well. In their stead come fearless quest and battle for truth and justice. Therefore, taking a fearless stand for truth and justice is a way to develop causal consciousness.

19. SENSE OF RESPONSIBILITY

The first sign that subjective causal consciousness begins to assert itself is the sense of responsibility, not just for the individual himself and his small circle of relatives and friends, but for everybody. Therefore, increasing and deepening the sense of responsibility is a way to develop causal consciousness. WofM 7.16.11; CI 12.1.9

20. JOY

Causal consciousness is joy. Therefore, cultivating joy is a way to conquer causal consciousness. WofM 7.15.7

21. UNDERSTANDING OF CAUSES

Above all, causal consciousness is the ability to see causes. Therefore, increasing and deepening the understanding of causes is a way to develop causal consciousness. WofM 10.2.6, 10.8.14

22. COMMON SENSE

The causal self has acquired common sense to the highest degree. The causal self does not believe, does not speculate, he knows when he knows and when he does not know, he accepts nothing without sufficient grounds, and knows what is a sufficient ground. Therefore, striving after common sense is a way to develop causal consciousness. WofM 9.41.4, 10.2.12, 10.4.4, 10.6.3, 10.10.8

23. OBJECTIVITY

The causal self has objective consciousness in all the worlds of man – in the physical world, the emotional world, the mental world, and the causal world. All that is or happens in these worlds are external things to the causal self. This entails in the causal self a completely objective attitude to consciousness expressions in these worlds, his own and those of other people. Therefore, striving for objectivity is a way to develop causal consciousness. WofM 10.2.8, 10.3.3, 10.8.1

24. HARMONY

Causal matter cannot be influenced by disharmonious vibrations. Agreement with reality manifests itself as harmony, which explains why Platonic ideas, causal ideas, are simultaneously true, good, beautiful and, above all, energy acting with finality. Therefore, striving after truth, goodness, harmony, beauty, agreement with reality, agreement with the purpose of consciousness evolution is a way to develop causal consciousness. WofM 7.1.11, 10.9.12

25. QUALITY

In the consciousness of the first triad, and hence in the consciousness of the envelopes of incarnation, consideration of the matter aspect, the quantitative viewpoint – what is more? what is less? – reigns supreme. In the consciousness of the second triad, and hence in the consciousness of the causal envelope, and more intensively so in the 46-envelope, consideration of the consciousness aspect, the qualitative viewpoint – what is better? what is worse? – reigns supreme. Therefore, shifting one's thinking from automatic and mechanical dependence on the reign of quantity to intentional and conscious consideration of the reign of quality is a way to develop causal consciousness.

26. TRUST IN THE ELDER BROTHERS

The causal selves can unanimously affirm an unconditional trust in the elder brothers: senior disciples, teachers, and above all Augoeides. They have helped human beings through the most difficult, seemingly hopeless incarnations. Therefore, unconditional trust in the elder brothers is a way to develop causal consciousness. "If they achieved, then I shall also achieve." WofM 8.22.4, KofL2 2.95.5

27. TRUST IN LAWS

The causal self has an unconditional trust in the laws of life. Therefore, unconditional trust in the laws of life is a way to develop causal consciousness. KofL1 4.11.22, 8.16.2, 9.13, 9.46

28. UNDERSTANDING OF LAWS

The causal self understands and obeys the laws of life. Therefore, understanding and obeying the laws of life is a way to develop causal consciousness. KofL1 8.16.4

29. SERVICE

The causal self leads a life of service, and nobody can become a causal self who does not serve mankind, evolution, and unity. Therefore, devoting myself to such service is a way to develop causal consciousness. WofM 10.4.2

30. SELF-CONSCIOUSNESS

Self-consciousness is made possible by the causal envelope, and self-consciousness is a faculty of causal consciousness. Therefore, striving to be self-conscious, striving to self-remember, is a way to develop causal consciousness. WofM 7.14; CI 12.9.6

31. SELF-IDENTITY

The causal self acquires self-identity, so that he knows that he is the same self throughout his incarnations. Therefore, striving to keep one's awareness of self-identity – I am, I remain, not "I am this", but rather "I am not this", "I am, but I am not this anxiety", "I am, but I am not this irritation", "I am, but I am not this confusion", etc. – all of this is a way to develop causal consciousness. WofM 10.3.5-7

32. UNDERSTANDING OF THE WILL ASPECT

In the causal self there is a deeper understanding of the will aspect, because he has achieved the first contact with the third triad. Therefore, deepening my understanding of the will aspect is a way to develop causal consciousness. CI 10.2.11

33. SELF-OBSERVATION

The causal self constantly observes himself and in so doing he is liberated from many things that unnecessarily torment and obstruct the first self. Therefore, striving to observe myself as much as possible is a way to develop causal consciousness.

34. NON-IDENTIFICATION

Since the causal self possesses objective consciousness in all the worlds of man and perceives all consciousness expressions occurring in them as things, he cannot identify himself with these consciousness expressions, no more than an ordinary man who has some understanding identifies himself with the physical organism, which is objective to him. Therefore, striving to be non-identified, observing my identifications as much as possible, and so liberate myself from them is a way to develop causal consciousness.

35. STOPPING MY INNER BABBLE AND SEEING MY OWN EMPTINESS

The causal self has learnt how to stop his inner babble and in so doing has been able to see his own emptiness. Therefore, constantly working at stopping my inner babble, effecting the stillness and silence of the mechanical functions of the envelopes, is a way to develop causal consciousness.

36. OVERCOMING SELF-JUSTIFICATION, CONCEIT, AND VANITY

The causal self has overcome these qualities characteristic of the first self: self-justification, conceit, and vanity. Therefore, stopping justifying and excusing myself, my weaknesses, inertia, and laziness; giving up indulging in conceit and vanity, is a way to develop causal consciousness.

37. MAKING EFFORTS FROM WITHIN MY OWN BEING

The causal self has reduced to a minimum those things which people call their needs. However, he has one need: a constant, unflagging need of perfecting his own being. Therefore, constantly improving my being by making efforts from within my own being is a way to develop causal consciousness.

38. WORK IN AND FOR THE GROUP

The causal self works faithfully and devotedly for his own group of initiates and disciples. Therefore, working in a corresponding manner faithfully and devotedly with and for my own group is a way to develop causal consciousness.

39. WORK FOR THE SCHOOL

The causal self contributes devotedly, powerfully to the promotion of the knowledge among people, to the growth of his school in a qualitative sense. Therefore, doing good, devoted, and efficient work for the school is a way to develop causal consciousness.

40. WILL TO WIN

The causal self has put aside all downheartedness, all hopelessness, all cowardice, all resignation, all self-pity. He is the very will to win incarnate. He is a conqueror who advances to ever new victories. Therefore, putting fear, downheartedness, and listlessness aside and in their stead cultivating the will to win, that glorious quality, is a way to develop causal consciousness. KofL1 9.45.22; KofL5 6.1.1, 6.14.2, 6.14.3, 6.20.9

THANK YOU, ALL YOU GLORIOUS, SHINING ELDER BROTHERS, AUGOEIDES, MASTERS, TEACHERS, FOR YOUR HELP, YOUR ASSISTANCE, AND YOUR LOFTY EXAMPLE. YOU ARE, WITH YOUR VERY BEING, RADIANT WITH LIGHT, INSEPARABLY UNITED WITH THE PATH THAT WE ARE ALL WANDERING TOWARDS THE ULTIMATE GOAL, THE TRUE HOME, THE ABODE OF IMMORTALITY, WHERE WE SHALL ALL MEET SOME DAY. WITHOUT YOUR CONTRIBUTION AND HELP WE HAD REMAINED NOTHING. THANKS TO YOUR WORK AND SACRIFICE WE CAN BECOME ALL.