

LITERATURE RECOMMENDED  
FOR THE STUDY  
OF CONCENTRATION, MEDITATION, CONTEMPLATION

*The Knowledge of Reality* (KofR): 1, 2, 4, 5, 7.

*The Philosopher's Stone* (PhS): 1.25-34, 2.24-42, 2.62, 3.31-46, 3.67-73.

*The Way of Man* (WofM): 3-8, 9.1-32, 9.82-99, 9.114-133, 9.177-203, 10, 11, 18.

*Knowledge of Life One* (KofL1): 1, 4, 6, 7, 9.

*Knowledge of Life Two* (KofL2): 1, 2, 5, 9, 10.

*Knowledge of Life Three* (KofL3): 2, 3, 7, 8, 15.

*Knowledge of Life Four* (KofL4): 7.

*The Explanation* (E, the Internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)): 9, 10.

*The Etheric Envelope* (EE, the Internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)): 1, 4, 9.

*The Fourth Way* (FW, there is also an Internet edition posted on [www.veidos.se](http://www.veidos.se)): 1-8, 10, 11.

*Some Problems of Human Consciousness Development* (the Internet edition on [www.hylozoik.se](http://www.hylozoik.se)).

*About Pythagorean Methods of Activation* (APMA, the Internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)).

*Fundamentals of Light Technology* (FofLT, the internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)).

Passim:

*The Way and its Wanderers* (WAIW, the internet edition posted on [www.veidos.se](http://www.veidos.se)).

Cosmic Intellience (CI, the Internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)).

The Way of the Disciple (WofD, the Internet edition posted on [www.hylozoik.se](http://www.hylozoik.se)).

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